



## What's On in Liverpool: Autumn/Winter Half Term 2020

ADDvanced Solutions Community Network have an online offer to support children, young people, families and professionals in the Liverpool area.

### We offer:

- **telephone and email consultations so please get in touch by calling 0151 486 1788 from 9am-5pm Monday to Friday, or email us at [info@addvancedsolutions.co.uk](mailto:info@addvancedsolutions.co.uk).**
- **online learning workshops, groups and programmes for parents/carers and professionals**

Our online offer is delivered using Zoom for Healthcare (which complies to stringent security standards and has the appropriate privacy shield in place). If you are using a phone, you will need to download the Zoom app beforehand. The details we request are kept secure and used in line with our privacy policy: <https://www.addvancedsolutions.co.uk/policies/privacy-policy.html>

**If you are accessing our online offer using your mobile phone, please be mindful of your data usage.** If you do not have an unlimited data plan, you may need to connect to a Wi-Fi connection to prevent charges.

### Online Community Network Groups

An opportunity to develop your understanding around neurodevelopmental conditions (NDCs), to ask questions and share learning and experience.

You can talk to other parents, the ADDvanced Solutions team and **visiting professionals** who can help and support you. Please contact the office to register your interest and we will email you the link to join the meeting.

#### Tuesdays 10:00am-11:00am:

- 10th November: Liverpool Local Authority SEND Officer**
- 17th November: Creating visual communication resources**
- 24th November: Safe Families**
- 1st December: Autism with a Demand Avoidant Profile (PDA)**
- 8th December: Preparing for Christmas**

#### Wednesdays 5:00pm-6:00pm:

- 11th November: Understanding autism**
- 18th November: The importance of routine, structure and consistency**
- 25th November: Autism with a Demand Avoidant Profile (PDA)**
- 2nd December: Supporting sleep difficulties**
- 9th December: Preparing for Christmas**

## Our Online Family Learning Programme

Our online learning programme for parents, carers and supporters who wish to gain knowledge and skills about their child's neurodevelopmental condition, with strategies to support the difficulties that may present around:

- Neurodevelopmental conditions/learning difficulties and associated mental health difficulties
- Autism Spectrum Disorder/Condition (ASD/C)
- Attention Deficit Hyperactivity Disorder (ADHD)
- Sensory Processing/Integration Difficulties (SPD)
- Supporting behaviours associated with ND conditions
- Your local offer, welfare rights and special educational support

The programme will be delivered in webinar format. A webinar is a platform where you are not visible or heard by others joining the training. You can type any questions into the chat, and these will be answered during or at the end of the session. **Please click the link below which will take you to a short registration process.**

**The programme will be delivered over six sessions.  
Monday and Thursday morning from 10.00am-11:30am:**

**Monday 23rd November**  
**Thursday 26th November**  
**Monday 30th November**  
**Thursday 3rd December**  
**Monday 7th December**  
**Thursday 10th December**

Click [here](#) to register for the  
Family Learning Programme

## Sensory Processing Difficulties Offer

Our Sensory Processing Difficulties learning workshops will be delivered as webinars over three sessions on consecutive Mondays from 1.00pm-2.30pm. **Please click the links below to register:**

**16th November:** [Introduction to Sensory Processing Difficulties](#)  
(Session 1 of 3)

**23rd November:** [Emotional Regulation and Praxis](#)  
(Session 2 of 3)

**30th November:** [Sensory Strategies](#)  
(Session 3 of 3)

Please contact the office if you would like to talk to one of our team around supporting your child or young person with Sensory Processing Difficulties.

## Online Learning Workshops for Families

Our learning workshops, delivered as webinars, have been designed for families, to better recognise, understand and support their own needs and those of their children and young people living with neurodevelopmental conditions (NDCs). If there are other topics you would like us to cover in these workshops, please let us know. **Please click the link below to register:**

### **Mondays 1:00pm-2:30pm:**

**9th November:** [Autism and Girls - how it presents differently](#)

**7th December:** [Auditory Processing Difficulties](#)

### **Tuesdays 7:00pm-8:30pm:**

**24th November:** [Executive Functioning](#)

**1st December:** [An introduction to SEND support](#)

## **Our Sleep Offer**

Our Sleep Difficulties learning workshops will be delivered as webinars. We recommend that you also access the Family Learning Programme and Sensory Processing Difficulties training, as this will be the foundation for our Sleep Difficulties offer.

**We have three opportunities this half term, please register for one of the sessions below, which will run on Thursdays from 9:30am-11.30am. Please click the link below for your chosen date:**

**12th November:** [Supporting Sleep Difficulties associated with NDCs](#)

**26th November:** [Supporting Sleep Difficulties associated with NDCs](#)

**10th December:** [Supporting Sleep Difficulties associated with NDCs](#)

**At the end of the workshop, there will be an opportunity to discuss and complete sleep diaries, and have further conversations with one of our Sleep Practitioners.**

Professionals working with families living with neurodevelopmental conditions can also access this offer.

## CHALLENGING AND UNCERTAIN TIMES: Supporting your child or young person with a neurodevelopmental condition to better engage with their education

During the current uncertain times, we are aware that children and young people may be struggling to engage in their education, often due to having to self isolate themselves as a result of the pandemic. In response, we are offering telephone advice and support or, if preferred, an online meeting:

- for parents/carers to explore their concerns and identify strategies to support their child or young person with neurodevelopmental conditions during challenging and uncertain times to engage in their education.
- for young people aged 11-19 (with appropriate permission/consent in place for those under age 16).

Please contact the office by telephone on 0151 486 1788 or email [info@addvancedsolutions.co.uk](mailto:info@addvancedsolutions.co.uk) to book.

Sessions will be for a maximum of 45 minutes and any further sessions may be booked as required. You will also be offered a follow up conversation.

**We are also offering a learning workshop opportunity, delivered as a webinar, on Tuesday 8th December from 7.00pm-8.30pm. [Please click the link below to register:](#)**

**8th December: [Supporting your child or young person during challenging and uncertain times to better engage in their education](#)**

### Young People's Offer

If you are a parent/carer of a young person (aged 11-19) who would like one of our team to talk to them, to help them better understand their autism, ADHD, sensory processing difficulties or other neurodevelopmental conditions, please contact the office (with appropriate permission/consent in place for those under age 16).

### Online Children's Christmas Party

Put your party clothes on and join us for some festive fun at our virtual Christmas party for children living with neurodevelopmental conditions - come and play games, dance and meet Father Christmas!

Entertainment will be provided by Aladdin's Cave. Please contact the office to register.

**Thursday 10th December  
5.00pm-6.30pm**



## Professionals Online Learning Workshops

Our Professionals Online Learning Workshops, delivered as webinars, will focus on the challenges associated with neurodevelopmental conditions (NDCs). **Please click the links below to register:**

**Thursday 3:30pm-5:00pm**

**12th November:** [Auditory Processing Difficulties](#)

**19th November:** [Executive Functioning](#)

**26th November:** [Autism and Girls - how it presents differently](#)

**Monday 3:30pm-5:00pm**

**7th December:** [Sensory Processing Difficulties](#)

Professionals working with families living with neurodevelopmental conditions can also access our **sleep difficulties** learning workshops (see **page 3**).

## Virtual Coffee Mornings

We are happy to attend any virtual coffee mornings and online sessions to explain our current offer to families and professionals. Please contact the office.



 Follow us on Twitter: @ADDvancedSol  
 Follow us on Instagram: @ADDvancedSolutions  
 Like us on Facebook: ADDvanced Solutions Community Network  
Join our closed Facebook group for parents and carers:  
ADDvanced Solutions Community Network CIC

**For full details and descriptions of the events listed in this 'What's On' newsletter, please visit the What's On section on our website and view the calendar listings.**

## Crisis Support

ADDvanced Solutions Community Network is not a crisis service. If you, a child or young person is experiencing acute distress and is deemed to be a risk to themselves or others, we have listed the local area crisis contact details on our urgent support page, which you can find on our website: [www.addvancedsolutions.co.uk](http://www.addvancedsolutions.co.uk) under the 'Contact' menu option, where you will also find links to national organisations that can offer support.

Click [HERE](#)